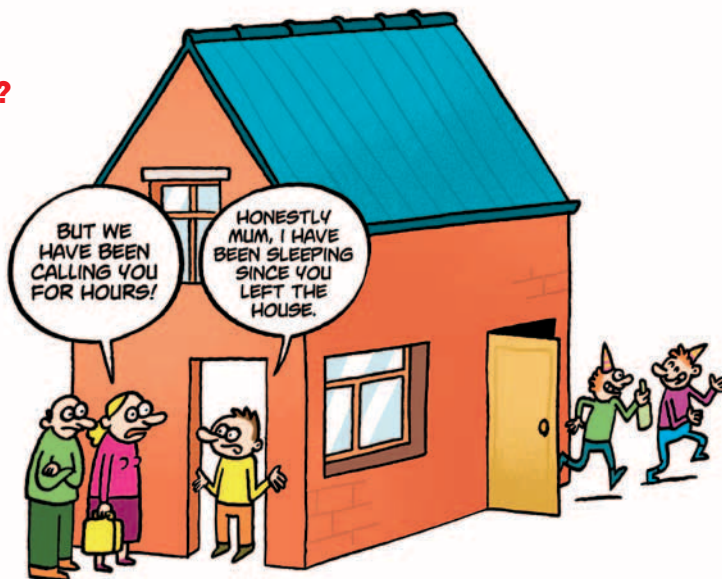


3 The basics I have been studying for hours!



16 Read and discuss.
What is the son stressing about?



Present perfect continuous with 'for' and 'since'

You **form** the present perfect continuous: form of **have been + ing-form**

I / you / we / they	have	been	reading
He / she / it	has	been	reading

I / you / we / they	haven't	been	reading
He/she/it	hasn't	been	reading

Have	I / you / we / they	been	reading?
Has	he / she / it	been	reading?

You **use** the present perfect continuous:

- To talk about an action that has **just stopped** or **recently stopped**.
I am tired (now) because I have been running since this morning.
The grass is wet (now) because it has been raining for hours.
- An action that **started in the past** and is **continuing up till now**.
I have been reading for two hours.
We have been talking since nine o'clock.
- You use the present perfect continuous with **since** or **for**.
 - * You use **for** to talk about a **period of time**: 5 minutes, 2 weeks, 6 years.
I have been listening for hours.
He has been playing football for a long time.
 - * You use **since** to talk about a **point in the past time**: 9 o'clock, 1st January, Monday.
I have been watching TV since 7pm.
He has been living in Belgium since he left school.

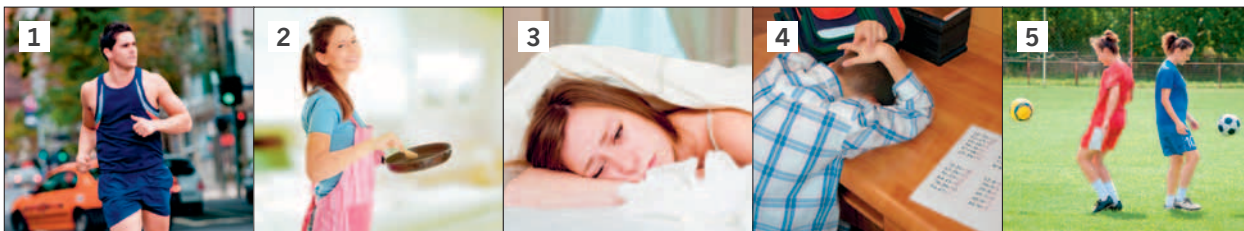
17a Complete. Use the present perfect continuous.

- 1) We (to study) for hours.
We have been studying for hours.
- 2) I (to work) for this company since December.
I have been working for this company since December.
- 3) They (to play) the guitar since they were ten.
They have been playing the guitar since they were ten.
- 4) He (to watch) movies since this morning.
He has been watching movies since this morning.
- 5) You (to wait) here for twenty minutes.
You have been waiting here for twenty minutes.
- 6) She (to work) there since she graduated.
She has been working there since she graduated.
- 7) They (to learn) Japanese for two years now.
They have been learning Japanese for two years now.
- 8) They (to play) since the afternoon.
They have been playing since the afternoon.
- 9) Joe and Ella (to go out together) since Valentine's Day.
Joe and Ella have been going out together since Valentine's day.
- 10) Rachel (to ask) questions for hours.
Rachel has been asking questions for hours.

17b Now make the sentences negative or turn them into questions.

- 1) – *We haven't been studying for hours.*
- 2) – *I haven't been working for this company since December.*
- 3) ? *Have they been playing the guitar since they were ten?*
- 4) – *He hasn't been watching movies since this morning.*
- 5) ? *Have you been waiting here for twenty minutes?*
- 6) ? *Has she been working there since she graduated?*
- 7) – *They haven't been learning Japanese for two years now.*
- 8) ? *Have they been playing since the afternoon?*
- 9) – *Joe and Ella haven't been going out together since Valentine's day.*
- 10) ? *Has Rachel been asking questions for hours?*

18a Write a sentence in the present perfect continuous for each picture.



- 1) *He has been running for hours.*
- 2) *She has been cooking all morning.*
- 3) *I have not been feeling well.*
- 4) *He has been studying all week.*
- 5) *They have been practising all week.*

18b Now turn these sentences into questions.

- 1) *Has he been running for hours?*
- 2) *Has she been cooking all morning?*
- 3) *Have I not been feeling well?*
- 4) *Has he been studying all week?*
- 5) *Have they been practicing all week?*

19 Use 'for' or 'since'.

- 1) I have been living in London ... 2001. *since*
- 2) He has been waiting ... more than two hours. *for*
- 3) You have been reading ... breakfast. *since*
- 4) I haven't been feeling all right ... more than two weeks now. *for*
- 5) I have been studying for my test ... I got up. *since*
- 6) We have been playing ... two hours. *for*
- 7) He's been crying ... nine o'clock. *since*
- 8) I've been discussing this book ... nine days. *for*
- 9) She has been living next door ... ages. *for*
- 10) The dog has been sleeping ... this morning. *since*



20 When do you use 'for' and when do you use 'since'?
Write in the correct column.

yesterday – a week – Easter – five years – an hour – 1985 – Monday – a month –
last weekend – ages – a long time

for	since
<i>a week, five years, an hour, a month, ages, a long time</i>	<i>yesterday, Easter, 1985, Monday, last weekend</i>

21 Make as many correct sentences as you can with the words in the table.

<p>I have been reading a book They have been following me He has been crying She has been living in New York We have been living next to each other You have been practising</p>	<p>since for</p>	<p>Christmas. two years now. last week. ages. 2001. I was 10 years old. yesterday.</p>
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22 Find a reason to explain what you see in the picture, using a present perfect continuous.



- 1) – *She hasn't been biking for hours.*
- 2) – *He hasn't been sleeping all day.*
- 3) ? *Has he been working in the garden all day?*
- 4) – *It hasn't been walking in the sun for hours.*
- 5) ? *Has she been crying for hours?*



23

Work with a partner.
Use 'for' or 'since' and the present perfect continuous in your answers.

How long have you been ...

- playing football / the guitar / basketball?
- speaking English?
- seeing your girlfriend / boyfriend?



24

Write six sentences about you and your family.
Use the present perfect continuous and 'for' or 'since'.

e.g. We have been living in this town since I was born.



25

Present perfect simple or continuous? Check The Life of Brian.

- | | |
|--|---------------------------|
| 1) John always (to hate) cats. | <i>has always hated</i> |
| 2) I (to sleep) for two hours. | <i>have been sleeping</i> |
| 3) You (to break) that window? | <i>Have you broken</i> |
| 4) I (to try) to reach you for ten minutes! | <i>have tried</i> |
| 5) He (to smile) since yesterday. | <i>has been smiling</i> |
| 6) David (to read) three books now. | <i>has read</i> |
| 7) Ian (to read) that book for five hours now. | <i>has been reading</i> |
| He (to read) only two pages so far. | <i>has read</i> |
| 8) He (to love) you for ages. | <i>has been loving</i> |
| 9) Dad (to be) in the garden all day. | <i>has been</i> |
| 10) How long you (to walk) in the rain? | <i>have you walked</i> |

4 Mouth gymnastics Yes?!



You can say many words in many different ways, expressing many different feelings.

26a Listen. What feelings express the following yeses ?

Yes: angry happy sad questioning tired afraid disbelief

26b Now take turns saying the following words. Try to express as many feelings as possible. Can the other students guess what feeling you are trying to express?

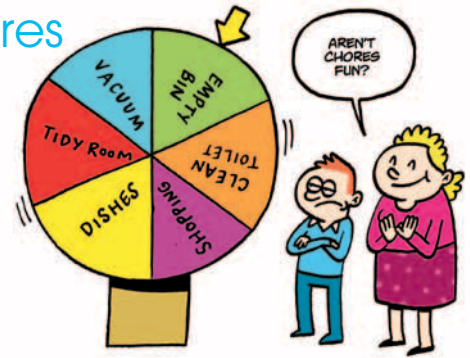
No What Maybe Really I don't think so.

5 Focus on ... Household chores

27 Read the cartoon and discuss.



- Do you have many chores?
- How much time do you spend on them every day?
- Can you choose your chores?



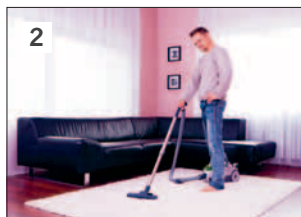
What are they doing? Complete. Use the list.

28

change nappies – clean the table – do the dishes – empty the bin – go shopping –
make the bed – tidy the room – vacuum



empty the bin



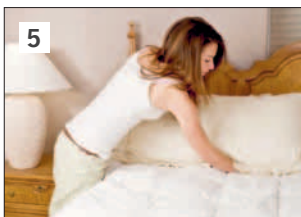
vacuum



do the dishes



clean the table



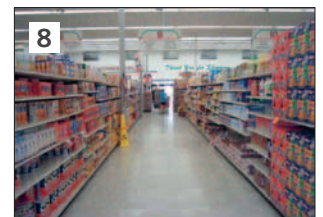
make the bed



tidy the room



change nappies



go shopping